## INSPIRE ENCOURAGE EMPOWER

Discover Your Personal Power



You Decide, You Create
and You Craft
Your Own Future!
~Cheri Schultz

Cheri Schultz is a trusted authority on creating solutions and delivers a high energy message motivating individuals to believe in "What is Possible." Challenges are part of life but staying focused, persistent and committed will always yield success if you plan your work and work your plan.

Cheri will deliver an inspiring message and take the audience on a journey of self discovery where they learn to embrace their inner power by Taking Action, Believing in Themselves and Having the Commitment and Courage to overcome resistance. They will walk away with ideas, suggestions and techniques to keep their motivation elevated, improve their confidence and face their adversities instead of avoiding them.



#### **Testimonials**

"Cheri provided me with the motivation to improve my lifestyle and attitude, but she also supplied me with tips and tools to implement. After listening to Cheri's personal story, advice for overcoming obstacles, and how to adopt an optimistic mindset, I have made leaps towards a more healthy, balanced, and positive lifestyle."

~Ariana, Sigma Kappa Alpha Mu Chapter

"Cheri channels her life's lessons into an inspirational message that not only motivates you to be your best but also provides practical tools to guide you towards your future goals. ~Laura, Engineer Project Manager

"Cheri's teaching style is very educational and motivating. I was able to learn stress management techniques I can apply both at work and at home. Here enthusiasm and knowledge of the topic inspired me to take action.

~Eric, Systems Engineer

### **Presentation Topic**

# ABC's of Creating Breakthrough Moments

Are you inundated by a feeling that you're just skating by in life and not tapping into your full potential? Perhaps you're envisioning exciting possibilities but, you find yourself just watching from the sidelines and settling for the status quo.

My goal is to empower and coach individuals to navigate through hurdles, gain confidence, stay persistent in their approach and acknowledge their successes along the way. I just don't want you to survive, I want you to THRIVE!

Mothing Diminishes
Anxiety Faster Than
Taking Action

#### **Book Cheri Today**

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